

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Abbreviation Chart: LR =Living Room DR = Dining Room Den = TV Room 3 FL =3rd Floor Landing	Family Activity Table ¹ 10:45 Walking Club 1:30 Labor Day Trivia -DR Labor Day	² 10:45 Strength Training -LR 1:30 Manicures -Den 6pm Game Night -DR	³ 10:45 Jeopardy 1:30 Grandparent Storytelling & Appreciation Notes -DR	National Wildlife Day ⁴ 10:30 Communion - Den 11:00 Deep Breath & Stretch -LR 1:30 Garden Club -3FL	Share A Favorite Poem Day ⁵ 11:15 Entertainment by Blair Frodelius-LR 1:30 Poetry -DR 6pm Movie & Popcorn -Den	Coffee Ice Cream Day ⁶ 10:30 Walking Club 1:30 Daily Chronicles -DR 4:45 Social Hour w/ Would You Rather -Dr
National Assisted Living Week ⁷ Outing Clue #1 Happy Birthday Martha! 12:30 Pizza Party -DR 4:45 Current Events - 6pm Emmy Awards Grandparents Day	Flannel Day ⁸ Outing Clue #2 12:30 Campfire/picnic 4:00 Bingo with Buddies -DR	Wear Art! ⁹ Outing Clue #3 11:00 Strength Training -LR 1:30 Peregrine University Art Class with Olivia -DR 7pm Staff Night -LR	Animal Print ¹⁰ Surprise!!! Outing Adventure	Hat Day ¹¹ 10:45 Deep Breath & Stretch -LR 2:00 Potluck Cook-Off -DR A Sad Remembrance Day	Be a Twin Day ¹² 11:00 Andy Rudy -LR 4-6pm Antique Car Show -Yard	¹³ 10:30 Walking Club 1:30 Scrabble -DR 4:45 Social Hour w/ Humor -DR
¹⁴ 11:00 Brain Bust Documentary -LR 4:45 Current Events -DR	¹⁵ 10:45 Strength Training -LR 1:30 Byron Lee -LR	¹⁶ Around The World 10:45 Culture & Traditions in Sweden -Den 1:30 Baking in Sweden -DR 6pm Game Night -DR	¹⁷ Outing Navarino Orchard	Happy Birthday U.S. Air Force ¹⁸ 10:30 Communion - Den 11:00 Deep Breath & Stretch -LR 1:30 Resident Council & Food Service Meeting -DR	¹⁹ 11:00 Chair Yoga with Jackie -LR 1:30 Manicures -Den 6pm Movie & Popcorn	²⁰ 10:30 Walking Club 1:30 Daily Chronicles -DR 4:30 Social Hour w/ Tabletop Facts & Fun Oktoberfest Begins
World Alzheimer's Day ²¹ 11:00 Strength Training -LR 1:30 Community Service Project -DR 4:45 Current Events -DR	Happy Birthday Jean ²² 11:00 Howie Bartolo -LR 1:30 Baking -DR Rosh Hashanah Begins Autumn Begins	²³ 10:45 Strength Training -LR 1:30 Craft Class -DR 6pm Game Night -DR	²⁴ Outing Pumpkin Patch	²⁵ 10:45 Walking Club 1:30 St. James Service & Reflections -Den 4:00 Bingo w/ Evan -DR	²⁶ 10:45 Chair Yoga with Jackie -LR 1:30 Terry Fuerson -DR (Classical Guitar) 6:00 Movie & Popcorn	Happy Birthday Sue ²⁷ 10:30 Walking Club 1:30 Scrabble -DR 4:45 Social Hour w/ Trivia -DR
²⁸ 11:00 Brain Bust Documentary -LR 4:45 Current Events -DR	²⁹ 10:45 Deep Breath & Stretch -LR 1:30 Bingo -DR	³⁰ 11:00 CNY Paws -LR 1:30 Exercise Games-LR 3:00 Oktoberfest Happy Hour -LR 6pm Game Night -DR	September 2025 The Athenaeum of Skaneateles			

All programs are subject to change and facilitated by Katie Williamson, Activities Director. kwilliamson@peregrineathenaeum.com