

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2025 The Athenaeum of Skaneateles			Outing Picnic at Emerson Park Yom Kippur Begins	10:30 Communion 1:30 Cranium Crunches -DR 3:30 Happy Hour w/ Little Jazz Trio -LR	World Smile Day 10:45 Deep Breath & Stretch -LR 1:30 Crafting -DR 6pm Movie & Popcorn-Den	National Frugal Fun Day 11:00 Scrabble -DR 1:30 Daily Chronicles -DR 4:45 Social Hour w/ "Would You Rather"-DR
11:00 Brain Bust Documentary -LR 4:45 Current Events -DR	Apple Betty Day 10:45 Strength Training -LR Peregrine University 1:30 Tribute to All First Ladies Sukkot Begins	Right Brainers Rule Day 10:45 Walking Club 1:30 Right or Left Brained -DR 6pm Game Night-DR	Happy Birthday Clark Griswold 10:45 Deep Breath & Stretch -LR 1:30 Jeopardy -DR	11:00 Yoga w/ Jackie 1:30 St. James Service & Reflections-Den	11:00 Andy Rudy-LR 3:30 Bingo -DR 6pm Movie & Popcorn-Den	National Scarecrow Saturday 11:00 Creative Coloring -DR 1:30 Daily Chronicles -DR 4:45 Social Hour w/ Humor -Dr
11:00 Brain Bust Documentary -LR 4:45 Current Events -DR	1:30 Holiday Facts & Fare 4:00 Walking Club Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	10:45 Strength Training -LR 1:30 Resident Council/Food Service Meeting -DR 6pm Game Night -LR Simchat Torah Begins	11:15 Jilissa Valeke 1:30 Scarecrow Fixing -Front Lawn 3:30 Pumpkin Painting w/ Friends -	World Egg Day 10:30 Communion 10:45 Manicures -Den 1:30 Egg Science Experiment -DR	Grow A Beard Day 10:45 Deep Breath & Stretch -LR 1:30 Bountiful Beards -LR 6pm Movie & Popcorn-Den	Nuts About Squirrels Day 11:00 Scrabble -DR 1:30 Squirrels & More Squirrels! -DR 4:45 Social Hr w/ Tabletop Facts & Fun
11:00 Brain Bust Documentary -LR 4:45 Current Events -DR	11:15 Byron Lee -LR 1:30 Walking Club 3:30 Scarecrow Social -Front Lawn	Curious Events Day 10:45 Strength Training -LR 1:30 Unsolved Mysteries of the World -DR 6pm Game Night -DR	Outing Fish Hatchery & Bakery	10:45 Deep Breath & Stretch -LR 1:30 St. James Service & Reflections-DR	Wear It Pink Day! Breast Cancer Awareness Happy Birthday Jean 11:00 Yoga w/ Jackie 3:30 Bingo w/ Evan -DR 6:00 Movie & Popcorn -Den	11:00 Creative Coloring -DR 1:30 Daily Chronicles -DR 4:45 Social Hr w/ Trivia -DR
Brain Bust Documentary -LR 4:45 Current Events -DR	National Oatmeal Day 10:45 Strength Training -LR 1:30 Community Service Project -DR	Around The World in Poland 11:00 CNY Paws 12:30 Party Time Polish Style -DR 6pm Game Night -DR	Outing Baltimore Woods presentation & luncheon	10:45 Deep Breath & Stretch -LR 1:30 Manicures -Den	10:45 Walking Club 1:00 Spooktacular History & Treats -DR 5pm Trick-or-Treaters Halloween	Abbreviation Chart: LR =Living Room DR =Dining Room Den =TV Room 3 FL =3rd Fl Landing

All programs are subject to change and facilitated by Katie Williamson, Activities Director. Kwilliamson@peregrineathenaeum.com