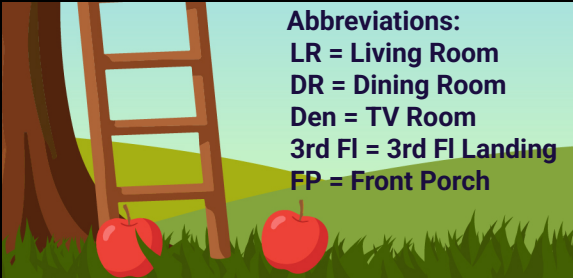


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Abbreviations: LR = Living Room DR = Dining Room Den = TV Room 3rd Fl = 3rd Fl Landing FP = Front Porch		Amazing Escape Day 1 1:30 Who is Fredrick Douglas -DR 4:00 Tea & Tales -Den 6pm Game Night -DR	2 Outing Fishing & Picnic at Emerson Park	3 10:45 Walking Club 10:30 Communion w/ Father Brian -Den 1:30 Manicures -Den 4pm Ladie's Club -LR	4 National Wildlife Day Kelsey's Birthday 10:45 Deep Breath & Stretch -LR 1:30 Hymnes w/ Cathy -LR 6:00 Movie & Popcorn	5 National Play Outside Day 11:00 Board Games -DR 1:30 Daily Chronicles -DR 4:45 Social Hour w/ Trivia -DR
National Coffee Ice Cream Day 6 11:00 Documentary -LR 4:45 Current Events -DR	Martha's Birthday 7 Family Activity Table 4:45 Social Hour w/ Labor Day Humor -DR Labor Day	8 10:45 Strength Training -LR 2:30 Piano by Victoria -LR 6pm Game Night -DR	Kick Off Day NFL 9 11:00 Visits w/ Tucker -Den 1:30 Movie Matinee -Den	10 10:30 Communion w/ Pastor Andrea -Den 1:30 Garden Club -3rd Fl 4pm Ladie's Club -LR	Taste of Honey Day 11 11:00 Andy Rudy -LR 1:30 Bingo -DR 6:00 Movie & Popcorn -Den Rosh Hashanah Begins	12 11:00 Card Games -DR 1:30 Daily Chronicles -DR 5:30 Pizza & a Movie -DR
National Assisted Living Week 13 "Shining Through the Yrs" 1:15 Ice Cream Social w/ Friends & Family A Lifetime of Bright Memories (Wear Fluorescent) 4:45 Current Events Grandparents Day	Stories That Shine (Wear Glitter/shiny) 14 10:45 Deep Breath & Stretch -LR 1:30 Bonfire w/ Smores & Stories -backyard	Shine Like the Sun (Wear yellow/sun prints) 15 10:45 Strength Training -LR Peregrine University 2:30-4:30 Licensed Masseuse (Brief talk & Massages) 6pm Game Night -DR	Shining Together; Celebrating the Power of Friendship, Teamwork & Community (Wear Peregrine Attire) 16 Outing Judge Ben Wiles Boat Tour & Lunch Peregrine Proud Day!	Celebrating Our Stars (Dress Like a Movie Star) 17 10:30 Communion w/ Father Brian -Den 3:00 Athenaeum Awards Mixer -LR 4pm Ladie's Club -LR	Let Your True Self Shine! (Wear Your Favorite Attire, Bathrobe, fuzzy socks, Ball Gown, Be You!) 18 11:00 Cranium Crunches -LR 1:30 Classical Guitarist; Terry E. -DR 6pm Movie & Popcorn	International Eat an Apple Day 19 11:00 Board Games -DR 1:30 Daily Chronicles -DR 4:45 Social Hour That Will Make You Laugh Oktoberfest Begins
National Dog Week 20 11:00 Documentary -LR 4:45 Current Events -DR Yom Kippur Begins	World Alzheimer's Day 21 11:00 Byron Lee -LR 1:30 Manicures -Den	10:45 Strength Training -LR 22 1:30 Homemade Ice Cream & Reminisce -DR 6pm Game Night -DR Autumn Begins	Kaitlyn's Birthday 23 10:45 Walking Club 1:30 Resident Council -DR	10:30 Communion w/ Pastor Andrea -Den 24 1:30 Corn Hole & Popsicles -FP 4pm Ladie's Club -LR	25 10:45 Deep Breath & Stretch -LR 1:30 Bingo -DR 6pm Movie & Popcorn Sukkot Begins	Harvest Moon 26 11:00 Card Game -DR 1:30 Daily Chronicles -DR 4:45 Social Hour w/ Table Talk Tidbits -DR
Sue's Birthday 27 11:00 Documentary -LR 4:45 Current Events -DR	Good Neighbor Day 28 10:45 Strength Training -LR 1:30 The Rosary-DR	Around The World 29 10:45 Culture & Traditions in Germany -Den 1:00 Oktoberfest The Wurst Party Ever! 6pm Game Night -DR	30 3:00 Walking Club 6:00 Outing Sunset Viewing Owasco Lake			

All programs are subject to change. Programs are facilitated by Katie Williamson, Activity Director. kwilliamson@peregrineathenaeum.com